

Fresh fruit & yoghurt available with every meal!



If your child has an allergy or special dietary requirements, please inform the school and our catering team, so we can discuss their needs.



We have highlighted the 14 allergens on our menus to help you make informed decisions. Some of our recipes include 'may contain' information, but this is not included on our menus. This information is however available on our daily allergen matrix. Please contact your school cook for further information.

= Vegetarian

Celery	Fish	Crustaceans	Eggs	Cereals	Lupin	Peanuts
Soya	Milk	Nuts	Sesame Seeds	Sulphur Dioxide	Mollusc	Mustard

Additional items may be available at your school, i.e. jacket potatoes and sandwiches. Please speak to your school for further information.

Don't forget to turn the page to see the Autumn Term's upcoming promotions, a tasty recipe to make at home, and a nutritional good-to-know!



AUTUMN 2023 MENU

WEEK 1

Served w/c 4th Sep, 25th Sep, 16th Oct, 13th Nov & 4th Dec

WEEK 2

Served w/c 11th Sep, 2nd Oct, 23rd Oct, 20th Nov & 11th Dec

WEEK 3

Served w/c 18th Sep, 9th Oct, 6th Nov, 27th Nov & 18th Dec

- V Pizza**
- Lemon Drizzle Muffin**

- Pasta Bolognese Bake**
- Garlic Flatbread**
- Custard Cookie, Fruit & Ice-Cream**

- Creamy Mac & Cheese**
- Homebaked Garlic Bread**
- Berry Crumble Mousse Pot**

- Chicken & Tomato Pasta**
- Seasonal Vegetable Hot Pot**
- Peas & Sweetcorn**
- Homebaked Garlic Bread**
- Autumnal Fruit Crumble & Custard**

- Chicken Burger in a Bun**
- Potato Wedges**
- Peas & Coleslaw**
- Chocolate Sponge & Chocolate Sauce**

- Nacho Beef Bake**
- Rice**
- Sweetcorn & Peas**
- Chocolate Berry Brownie**

- Sausage & Yorkshire Pudding**
- Mashed Potato**
- Medley of Vegetables**
- Gravy**
- Crusty Bread**
- Cheese & Crackers**

- Roast Loin of Pork with Apple Sauce**
- Boiled Potatoes**
- Carrots & Green Beans**
- Gravy**
- Homebaked Bread**
- Jam Bun & Cheese**

- Roast Chicken & Stuffing**
- Mashed Potato**
- Medley of Vegetables**
- Gravy**
- Crusty Bread**
- Rice Pudding & Peaches**

- Chicken Korma & Rice**
- Cauliflower & Green Beans**
- Naan Bread**
- Berry Marble Sponge & Custard**

- Mexican Beef Pitta with Rice**
- Medley of Vegetables**
- Homebaked Sunflower Seed Bread**
- Toffee Apple Muffin**

- All Day Breakfast**
- Homebaked Bread**
- Oatle Cookie & Cheese**

- Fish Fingers & Chips with Ketchup**
- Carrots & Peas**
- Sliced Wholemeal Bread**
- Chocolate Orange Mousse Cake**

- Battered Fish**
- Chips**
- Ketchup**
- Sweetcorn & Peas**
- Crusty Bread**
- Lemon Shortcake**

- Fish Star & Chips**
- Peas & Carrots**
- Homebaked Wholemeal Bread**
- Fruity Jam Sandwich & Custard**